



'Mother Earth' Materials List

Recommended Materials for best results and experience

If you can't find these in your country just do your best, you can always work with what there is

Canvass

Two small canvases, or gessoed water color paper

30x40cm 12x15 inch

Two bigger canvases 70x100cm = 40x30 inch or bigger

You can choose a different format and different sizes

.I recommend to go big with at least one of the paintings

Texture

Golden Fiber paste 16oz, Molding paste

If you like very smooth surfaces don't use the fiber paste

(I adore it)

Colors

Assortment of Golden fluid acrylics paints

You can also use whatever you have, I recommend Golden for best results

Recommended Colors

Teal, Titanium White, Sap green, Jenkins green, Phthalo green

Ocher, Burnt umber, Quinacridone Nickel Azo gold,
quinacridone

Ultramarine blue, Pyrol Orange, Quinacridone magenta, any red,
GOLD

The white should be bigger than 1oz

~Soft Pastels or chalks or charcoal

Brushes

An Assortment of brushes-

for fluid acrylics I use soft filberts for painting faces and some
hard bristle ones

~Have wide ones and a pointy round one for details

-Stencils brush

Can also be any hard brittles brush

Metal Palette Knife – big enough for a big canvas

A Rubber/silicon Spatula- like you have in your kitchen, or a
rubber

Stencils

Of nature- leaves, brunches and so on

Or anything you are attracted to. Sacred Geometry

.Find a few you are attracted to intuitively

.Any stencils you like can replace the sacred geometry

I found them at: Artistcellar

<https://artistcellar.com/collections/artistcellar-stencils>

:Another stencils site I like

StencilGirl <http://www.stencilgirlproducts.com>

and Royal Stencils

-Acrylic glazing liquid

Satin – A great medium that extends the drying time of acrylic paints and creates transparent layers)

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Gold leaf- Optional

Spray bottle

Paper plates

Paper towels